



FOR IMMEDIATE RELEASE

Herbalife Global Nutrition Expert Talks About Balanced Nutrition and Obesity in Upcoming Wellness Tour

Manila, PHILIPPINES – Herbalife, a global nutrition company, announces that Dr. Rocio Medina, Herbalife Vice President, Worldwide Nutrition Training, will be the guest speaker in the Philippine leg of the upcoming Asia Pacific Wellness Tour.

Held from 5 April to 15 May, the Herbalife Asia Pacific Wellness Tour will feature a series of medical symposia, nutrition talks and health workshops held in 23 cities across Australia, Cambodia, Hong Kong, Indonesia, India, Japan, Korea, Macau, Malaysia, New Zealand, Philippines, Singapore, Taiwan, Thailand and Vietnam.

At the symposia, six Herbalife Nutrition Advisory Board (NAB) experts including Dr. Medina will share their expertise on a variety of health-related topics. Specialized in nutrition and obesity, Dr. Medina will focus on balanced nutrition and how its relationship to one's metabolism plays an important role in our overall well-being.

"We are delighted to welcome Dr. Rocio Medina visiting our country. With her deep expertise in nutrition and obesity treatment, we look forward to having her share her insights and perspectives, and connecting with local professionals and consumers on this edition of the Wellness Tour," said Rosalio Valenzuela, General Manager, Herbalife Philippines.

Dr. Medina's credentials include:

- Authoring a breakthrough program on nutrition and obesity at the University of Monterrey, Mexico – where she was co-founder of the High Technology Nutrition and Obesity Clinic
- Leading a team of professionals in establishing the Medical College of Surgeons and Professionals in Obesity and Clinical Nutrition at Nuevo León, Mexico
- Being a Member of the American Society of Nutrition, 2012-present

Dr. Medina is a member of the Herbalife Nutrition Advisory Board, which is composed of leading experts worldwide in the fields of nutrition and health whose role is to educate Herbalife members on the principles of good nutrition and how to live a healthy life.

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About Herbalife

Herbalife is a global nutrition company that has been changing people's lives with great products since 1980. Our nutrition, weight-management, energy and fitness and personal care products are available exclusively to and through dedicated Herbalife Independent Members in more than 90 countries. We are committed to fighting the worldwide problems of poor nutrition and obesity by offering high-quality products, one-on-one coaching with an Herbalife Member and a community that inspires customers to live a healthy, active life.

We support the Herbalife Family Foundation (HFF) and its Casa Herbalife programs to help bring good nutrition to children in need. We also sponsor more than 190 world-class athletes, teams and events around the globe, including Cristiano Ronaldo, the LA Galaxy and champions in many other sports.

The company has over 8,000 employees worldwide, and its shares are traded on the New York Stock Exchange (NYSE: HLF) with net sales of US\$4.5 billion in 2016. The Herbalife website contains a significant amount of financial and other information about the company at <http://ir.Herbalife.com>. The company encourages investors to visit its website from time to time, as information is updated and new information is posted. To learn more, visit Herbalife.com or IAmHerbalife.com.

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