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Meal replacement for weight control and healthy nutrition

Formula 1 Savoury meal is a delicious blend of high-quality soy protein and fibre with 25 key vitamins and minerals. Savour the creamy taste of porcini mushrooms with sweet onion, zingy herbs and garlic in mushroom & herb flavour. Made with natural flavourings and all-vegan ingredients, Formula 1 Savoury meal contains no artificial colours, no added sugar and is gluten free.

Formula 1 Savoury meal is the ideal option for a nutritious lunch or evening meal, within a balanced and varied diet, as part of a healthy, active lifestyle.

DIRECTIONS FOR USE: Enjoy Formula 1 every day as a nutritious meal. Gently shake the canister before using as contents may settle. Mix two scoops (26 g) of powder with 250 ml of hot, semi-skimmed milk.

For a vegan, naturally lactose free and gluten free meal, mix two scoops (26 g) of powder with 250 ml of hot, fortified soy beverage.

To enjoy the full, delicious and natural flavours of Formula 1 Savoury meal, we recommend that you consume this product within 2 months.

Quick and easy to prepare



250 ml
semi-skimmed milk or
fortified
soy beverage

+



2 scoops

+



mix

- **For weight control replace two meals per day with a delicious and balanced Formula 1:** Substituting two of the main daily meals of an energy restricted diet with meal replacements contributes to weight loss.
- **For balanced nutrition and weight maintenance replace one meal per day with a delicious Formula 1:** Substituting one of the main daily meals of an energy restricted diet with a meal replacement contributes to the maintenance of weight after weight loss. Meet your daily caloric goals by also consuming nutritious snacks.

Store with lid closed in a cool, dry place.

30-day money-back guarantee. This guarantee does not affect your statutory rights. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

This product is intended for use as part of an energy restricted diet and with other foodstuffs, in conjunction with regular physical activity. It is important to maintain adequate fluid intake. It is important to follow these directions as indicated.

Herbalife Nutrition advises before beginning any weight management program, it is advisable to consult a physician. A healthy weight management program should include modest caloric intake, balanced diet and regular physical activity.

Best before and lot number: See base of container

NET WEIGHT: 550 g e




HERBALIFE NUTRITION

Formula 1

Savoury meal

Meal replacement mix for weight control and healthy nutrition

- 25 Vitamins and minerals
- High in protein



mushroom & herb
flavour
natural flavourings

GF

V

CONTAINS FIBRE

Nutritional information

Serving size: 26 g
Servings per container: 21

	Per 100 g	Per 26 g serving with 250 ml semi-skimmed milk (1.5 % fat)	Per 26 g serving with 250 ml soy beverage (fortified)
Energy	1481 kJ 354 kcal	905 kJ 216 kcal	850 kJ 202 kcal
Fat	10 g	7 g	6 g
of which:			
saturates	1.6 g	3.0 g	1.0 g
monounsaturates	1.9 g	1.5 g	1.5 g
polyunsaturates	5.5 g	1.5 g	3.6 g
Carbohydrate	16 g	17 g	17 g
of which:			
sugars	2.5 g	(12.4 g from milk) 13.0 g	(9.4 g from soy beverage) 10.0 g
Fibre	20 g	5 g	6 g
Protein	39 g	19 g	17 g
Salt	4.8 g	1.5 g	1.5 g

VITAMINS

	Per 100 g	Per 26 g serving with 250 ml semi-skimmed milk (1.5 % fat)	Per 26 g serving with 250 ml soy beverage (fortified)	% RI*
Vitamin A	1180 µg RE	148 µg RE	448 µg RE	56 %
Vitamin D	7.9 µg	2.1 µg	4.9 µg	98 %
Vitamin E	19 mg α-TE	5.1 mg α-TE	5.3 mg α-TE	44 %
Vitamin K	118 µg	31 µg	38 µg	51 %
Vitamin C	119 mg	35 mg	31 mg	39 %
Thiamin	1.2 mg	0.42 mg	0.39 mg	35 %
Riboflavin	0.35 mg	0.55 mg	0.56 mg	40 %
Niacin	24 mg NE	6.5 mg NE	7.3 mg NE	46 %
Vitamin B6	1.7 mg	0.56 mg	0.52 mg	37 %
Folic acid	250 µg	75.8 µg	65.0 µg	33 %
Vitamin B12	1.0 µg	1.3 µg	2.4 µg	96 %
Biotin	73 µg	28 µg	19 µg	38 %
Pantothenic acid	6.8 mg	2.7 mg	2.0 mg	33 %

MINERALS


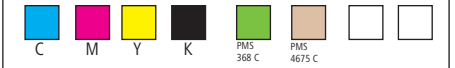
	Per 100 g	Per 26 g serving with 250 ml semi-skimmed milk (1.5 % fat)	Per 26 g serving with 250 ml soy beverage (fortified)	% RI*
Potassium	1420 mg	768 mg	682 mg	34 %
Calcium	460 mg	423 mg	435 mg	54 %
Phosphorus	890 mg	466 mg	342 mg	49 %
Magnesium	431 mg	115 mg	151 mg	40 %
Iron	22 mg	5.8 mg	6.8 mg	49 %
Zinc	12 mg	3.9 mg	3.7 mg	37 %
Copper	1.7 mg	0.47 mg	0.87 mg	87 %
Manganese	3.3 mg	0.86 mg	1.0 mg	50 %
Selenium	79 µg	21 µg	26 µg	47 %
Chromium	58 µg	15 µg	15 µg	38 %
Molybdenum	77 µg	31 µg	20 µg	40 %
Iodine	230 µg	68.3 µg	59.8 µg	40 %

* Reference intake
Contains naturally occurring sugar

INGREDIENTS: Soy protein isolate, potato starch, Promitor® fibre, inulin (chicory), gluten-free oat fibre, soy oil, natural flavourings, minerals mixture (calcium citrate, magnesium oxide, ferrous fumarate, sodium selenite, zinc oxide, manganese carbonate, chromium (III) chloride, potassium iodide, cupric citrate), potassium phosphate, emulsifier (soy lecithin), sodium chloride, organic flaxseed powder, thickener (xanthan gum), vitamins mixture (L-ascorbic acid (Vit. C), DL-alpha-tocopheryl acetate (Vit. E), nicotinamide (Niacin), retinyl acetate (Vit. A), D-biotin (Biotin), calcium D-pantothenate (Pantothenic acid), cholecalciferol (Vit. D), pteroylmonoglutamic acid (Folic acid), phyloquinone (Vit. K), pyridoxine hydrochloride (Vit. B6), thiamin hydrochloride (Vit. B1), cyanocobalamin (Vit. B12), riboflavin (Vit. B2)), parsley herb flakes (0.12 %), anti-caking agent (silicon dioxide). Allergy advice: for allergens, see ingredients in **bold**.

* 2 % of the agricultural ingredients derive from organic agriculture, NL-BIO-01.

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Via Berlino 39, 24040 Zingonia-Verdellino, Bergamo, Italy

	3200 Temple School Rd, Winston Salem, NC 27107 336 970 6400	FOOD
NAME: LPR092KV1-00 DESC: Savory Mushroom & Herb Soup DIE: LPM 00134 07.15.20 DIELINE: <input checked="" type="checkbox"/> AGILE <input type="checkbox"/> SERVER <input type="checkbox"/> NONE W: 327 mm H: 154 mm PROGRAM: InDesign CC2020	COLORS: 	ECO 78514 PROOF: FA2 OPERATOR: Donna DATE: 07.15.20
Smallest Type Size: 4.5/6.75 Side panel tracking: 0 Side panel scaling 80%	<input checked="" type="checkbox"/> VARNISH	Agamik 4.44: 03.17.20