

all dimensions in mm



NO VARNISH
AREA

HERBALIFE

HERBALIFE®
24®

HYDRATE
CALORIE FREE ELECTROLYTE DRINK FOR ATHLETES
With sweetener

FORMULA 1 **HYDRATE** PREPARE PROLONG REBUILD RESTORE

NUTRITIONAL SUPPORT FOR THE 24 HOUR ATHLETE

ORANGE FLAVOUR
No artificial colours
No artificial flavours
Calorie free

Best before and lot number:
See individual stick pack and bottom of the carton
NET WEIGHT: 20 x 5.3 g e



Hydrate is developed by experts in sports nutrition. This unique calorie free drink has an osmolality of less than 270 mOsmol/kg. In a light orange flavour, Hydrate is a perfect option to enjoy throughout the day. Provides B vitamins (B1, B2, pantothenic acid and B12) and vitamin C, plus calcium and magnesium, all of which contribute to normal energy-yielding metabolism. Provides 100 % of the nutrient reference value for vitamin C, which contributes to the protection of cells from oxidative stress, helps maintain the normal function of the immune system and helps reduce tiredness and fatigue. Provides magnesium which contributes to electrolyte balance and also helps reduce tiredness and fatigue.

Calorie free B-Vitamins Vitamin C
100% NRV

Nutritional information

Serving size: 1 stick pack (5.3 g) Servings per container: 20

	Per 100 g	Per 1 stick pack (5.3 g) in 500 ml water
Energy	980 kJ	52 kJ
	228 kcal	12 kcal
Fat	0 g	0 g
of which: saturates	0 g	0 g
Carbohydrates	13 g	1 g
of which: sugars	0 g	0 g
Fibre	2.7 g	0.2 g
Protein	0 g	0 g
Salt	10.9 g	0.6 g

	Per 100 g	% NRV*	Per 1 stick pack (5.3 g) in 500 ml water	% NRV*
VITAMINS AND MINERALS				
Vitamin C	1509 mg	1886 %	80 mg	100 %
Thiamin	3.0 mg	273 %	0.16 mg	15 %
Riboflavin	4.0 mg	286 %	0.21 mg	15 %
Vitamin B12	7.0 µg	280 %	0.37 µg	15 %
Pantothenic acid	17 mg	283 %	0.90 mg	15 %
Calcium	4057 mg	507 %	215 mg	27 %
Magnesium	1774 mg	473 %	94.0 mg	25 %

INGREDIENTS: Acidity regulators (citric acid, dipotassium phosphate), natural orange flavouring, calcium carbonate, trisodium citrate, sodium chloride, magnesium hydroxide, sodium L-ascorbate, flavour enhancer (potassium chloride), sweetener (sucralose), D-calcium pantothenate, thiamin hydrochloride, riboflavin, cyanocobalamin.

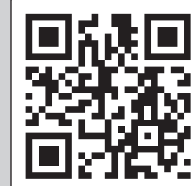
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DIRECTIONS FOR USE: Mix 1 stick pack with 500 ml of water, shake vigorously. Enjoy this product within a balanced and varied diet, as part of a healthy active lifestyle.

Store in a cool, dry place.
Banned substance tested: The Informed-Sport quality assurance programme certifies that a sample of the batch from which this product was created has been tested by LGC's world-class sports anti-doping lab, and found to contain no banned substances in its anti-doping screen. More details at www.informed-sport.com

30-day money-back guarantee. This guarantee does not affect your statutory rights. This exclusively formulated product is only available through Herbalife Independent Distributors.

The units contained in this pack are not intended for individual retail sale or sampling.



- Farb und Lackfrei / area free from varnish + printing
- No printing area
- Fold
- Perforation