



**Rebuild Endurance** is developed by experts in sports nutrition. This unique carbohydrate-protein sports drink is designed for use after aerobic exercise.

**Protein** contributes to the growth and maintenance of muscle mass.

**Vitamins C and E** help to protect the body's cells from oxidative stress.

**Vitamin C and iron** help reduce tiredness and fatigue.

**Iron and vitamins C, B1 and B2** contribute to normal energy-yielding metabolism.

**10 g**  
Protein

**6.3 mg**  
Iron

**B-Vitamins**  
38 % NRV\*

**DIRECTIONS FOR USE:** Add 4 level scoops (50 g) to 250 ml of water, shake vigorously. Consume within 30 minutes following aerobic activity. Enjoy this product within a balanced and varied diet, as part of a healthy active lifestyle.

**Store with lid closed in a cool, dry place.**

**Banned Substance Tested:** The Informed-Sport quality assurance programme certifies that a sample of the batch from which this product was created has been tested by LGC's world-class sports anti-doping lab, and found to contain no banned substances in its anti-doping screen. More details at [www.informed-sport.com](http://www.informed-sport.com).

**30-day money-back guarantee.** This guarantee does not affect your statutory rights. This exclusively formulated product is only available through Herbalife Independent Distributors.



# HERBALIFE® 24®

## REBUILD ENDURANCE

RECOVERY PROTEIN AND CARBOHYDRATE DRINK MIX  
WITH ADDED L-GLUTAMINE AND L-CARNITINE FOR ENDURANCE ATHLETES

FORMULA 1    HYDRATE    PREPARE    PROLONG    **REBUILD**    RESTORE

NUTRITIONAL SUPPORT FOR THE 24 HOUR ATHLETE

**VANILLA FLAVOUR**  
No artificial colours.  
No artificial flavours.  
No artificial sweeteners.

Best before and lot number: See base of container

NET WEIGHT: 1000 g e



### Nutritional information

Serving size: 4 scoops (50 g)  
Servings per container: 20

	Per 100 g	Per 50 g in 250 ml water
Energy	1600 kJ 376 kcal	800 kJ 188 kcal
Fat	0.8 g	0.4 g
of which: saturates	0.5 g	0.3 g
Carbohydrate	72 g	36 g
of which: sugars	34 g	17 g
Fibre	0 g	0 g
Protein	20 g	10 g
Salt	1.2 g	0.6 g

VITAMINS AND MINERALS	% NRV*	% NRV*
Vitamin E	9.1 mg    76 %	4.6 mg    38 %
Vitamin C	160 mg    200 %	80 mg    100 %
Thiamin	0.84 mg    76 %	0.42 mg    38 %
Riboflavin	1.1 mg    79 %	0.53 mg    38 %
Vitamin B6	1.1 mg    79 %	0.53 mg    38 %
Vitamin B12	1.9 µg    76 %	0.95 µg    38 %
Biotin	38 µg    76 %	19 µg    38 %
Pantothenic acid	4.6 mg    77 %	2.3 mg    38 %
Iron	13 mg    93 %	6.3 mg    45 %

**OTHER SUBSTANCES**

L-glutamine	7000 mg	3500 mg
L-carnitine	1000 mg	500 mg
L-isoleucine	1189 mg	575 mg
L-leucine	1611 mg	770 mg
L-valine	732 mg	342 mg

\* Nutrient reference values

Imported and distributed by: HERBALIFE INTERNATIONAL LUXEMBOURG S.à R.L.  
c/o HERBALIFE EUROPE LIMITED  
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**INGREDIENTS:** Maltodextrin, fructose, sucrose, **milk** protein concentrate, L-glutamine, whey protein isolate (from **milk**), natural flavourings, acidity regulator (tripotassium citrate), L-carnitine, sodium chloride, L-isoleucine, L-leucine, L-valine, medium chain triglycerides, sodium-L-ascorbate, thickener (guar gum), anti-caking agent (silicon dioxide), ferric (III) pyrophosphate, DL-alpha tocopherol, calcium-D-pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, D-biotin, cyanocobalamin.

Allergy advice: for allergens, see ingredients in **bold**. **MAY CONTAIN SOYA AND EGG.**



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