



**Rebuild Strength** is developed by experts in sports nutrition. This unique carbohydrate-protein recovery drink is designed for use after anaerobic exercise.

**Contains 25 g protein** that contributes to the growth and maintenance of muscle mass. **Iron** contributes to normal energy-yielding metabolism, the normal formation of red blood cells and oxygen transport in the body.

**25 g**  
Protein

**6.3 mg**  
Iron

**Carbohydrate-protein**  
drink mix

**DIRECTIONS FOR USE:** Add 5 level scoops (50 g) to 250 ml water, shake vigorously. Consume within 30 minutes following anaerobic activity. Enjoy this product within a balanced and varied diet, as part of a healthy active lifestyle.

Store with lid closed in a cool, dry place.

**Banned substance tested:** The Informed-Sport quality assurance programme certifies that a sample of the batch from which this product was created has been tested by LGC's world-class sports anti-doping lab, and found to contain no banned substances in its anti-doping screen. More details at [www.informed-sport.com](http://www.informed-sport.com)

**30-day money-back guarantee.** This guarantee does not affect your statutory rights. This exclusively formulated product is only available through Herbalife Independent Distributors.



HERBALIFE®  
**24**®

**REBUILD  
STRENGTH**

RECOVERY DRINK MIX POWDER WITH ADDED L-GLUTAMINE  
AND BCAAs FOR STRENGTH ATHLETES

FORMULA 1    HYDRATE    PREPARE    PROLONG    **REBUILD**    RESTORE

**NUTRITIONAL SUPPORT FOR THE 24 HOUR ATHLETE**

**CHOCOLATE FLAVOUR**  
No artificial colours.  
No artificial flavours.  
No artificial sweeteners.

Best before and lot number: See base of container

**NET WEIGHT: 1000 g e**



**Nutritional information**

Serving size: 5 scoops (50 g)    Serving per container: 20

	Per 100 g	Per 50 g in 250 ml water	% NRV*
Energy	1609 kJ	805 kJ	
	380 kcal	190 kcal	
Fat	3.0 g	1.5 g	
of which: saturates	1.6 g	0.8 g	
Carbohydrate	36 g	18 g	
of which: sugars	34 g	17 g	
Fibre	1.5 g	0.8 g	
Protein	51 g	25 g	
Salt	1.2 g	0.6 g	
<b>VITAMINS AND MINERALS</b>			
Vitamin E	9.1 mg	4.6 mg	38 %
Vitamin C	160 mg	80 mg	100 %
Thiamin	0.84 mg	0.42 mg	38 %
Riboflavin	1.1 mg	0.53 mg	38 %
Vitamin B6	1.1 mg	0.53 mg	38 %
Vitamin B12	1.9 µg	0.95 µg	38 %
Biotin	38 µg	19 µg	38 %
Pantothenic acid	4.6 mg	2.3 mg	38 %
Iron	13 mg	6.3 mg	45 %
<b>AMINO ACIDS</b>			
L-Leucine	4713 mg	2367 mg	
L-Glutamine	3400 mg	1700 mg	
L-Valine	2820 mg	1410 mg	
L-Isoleucine	2754 mg	1377 mg	

\* Nutrient reference value

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**INGREDIENTS:** Milk protein concentrate, whey protein concentrate (from milk), fructose, sucrose, fat reduced cocoa powder, L-glutamine, whey protein isolate (from milk), maltodextrin, natural flavouring, sodium chloride, acidity regulator (tripotassium citrate), calcium caseinate (from milk), medium chain triglycerides, L-leucine, L-isoleucine, L-valine, sodium-L-ascorbate, thickener (guar gum), ferric (III) pyrophosphate, DL-alpha tocopherol, calcium-D-pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, D-biotin, cyanocobalamin.  
Allergy advice: for allergens, see ingredients in **bold**. **MAY CONTAIN SOYA AND EGG.**

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