



Formula 2 Vitamin & mineral complex women

Food supplement with
vitamins and minerals

- Hormonal activity
- Energy metabolism
- Bone health
- Skin, hair and nail health



Best before and lot number: See base of container

60 TABLETS | NET WEIGHT: 84.3 g **e**

Vitamin & mineral complex women is a comprehensive food supplement expertly developed for women to deliver 24 key nutrients to support what your body needs. Vitamin & mineral complex women includes nutrients such as Vitamin B6, Vitamin B12, Calcium and Zinc. Vitamin B6 contributes to the regulation of hormonal activity. Vitamin B12 contributes to normal energy-yielding metabolism. Calcium is needed for the maintenance of normal bones. Zinc contributes to the maintenance of normal skin, hair and nails.

RECOMMENDED USE: Take 1 to 2 tablets daily with meals. Use this product within a balanced and varied diet, as part of a healthy active lifestyle.

Store with lid closed in a cool, dry place.

30-day money-back guarantee. This guarantee does not affect your statutory rights. This exclusively formulated product is only available through Herbalife Independent Distributors.

NOTICE: Do not exceed the recommended daily dose. Food supplements are intended to supplement the diet and should not be used as a substitute for a varied diet. Store out of reach of young children.

Imported and distributed by: HERBALIFE INTERNATIONAL LUXEMBOURG S.à R.L., c/o HERBALIFE EUROPE LIMITED, The Atrium, 1 Harefield Road, Uxbridge, Middlesex UB8 1HB, U.K.
Imported and distributed in Ghana by: HERBALIFE OF GHANA LTD. Plot No. 127b, Tema Motorway Industrial Area, Spintex Road, Accra, Ghana
Manufactured by: Fine Foods NTM S.p.A., Via Berlino 39, 24040 Zingonia-Verdellino, Bergamo, Italy

Nutritional information

VITAMINS	2 tablets provide	% NRV*	MINERALS	2 tablets provide	% NRV*
Vitamin A	800 µg RE	100 %	Calcium	300 mg	38 %
Vitamin D	20 µg	400 %	Phosphorus	250 mg	36 %
Vitamin E	30 mg a-TE	250 %	Magnesium	113 mg	30 %
Vitamin K	90 µg	120 %	Iron	13 mg	93 %
Vitamin C	250 mg	313 %	Zinc	8.7 mg	87 %
Thiamin	1.6 mg	145 %	Copper	0.50 mg	50 %
Riboflavin	5.0 mg	357 %	Manganese	1.0 mg	50 %
Niacin	14 mg NE	88 %	Selenium	79 µg	144 %
Vitamin B6	2.0 mg	143 %	Chromium	40 µg	100 %
Folic acid	324 µg	162 %	Iodine	93.0 µg	62 %
Vitamin B12	1.9 µg	76 %	OTHER SUBSTANCES		
Biotin	100 µg	200 %	Choline	82.5 mg	
Pantothenic acid	5.7 mg	95 %	* Nutrient reference values		

INGREDIENTS: Mixture with vitamins and minerals (dicalcium phosphate, L-ascorbic acid, magnesium phosphate, choline bitartrate, magnesium oxide, DL-alpha-tocopheryl acetate, calcium carbonate, ferrous fumarate, beta-carotene, nicotinamide, cholecalciferol, zinc oxide, D-biotin, retinyl palmitate, calcium D-pantothenate, sodium selenite, riboflavin, chromium (III) chloride, pteroylmonoglutamic acid, manganese sulphate, phylloquinone, pyridoxine hydrochloride, cyanocobalamin, thiamin mononitrate, cupric sulphate, potassium iodide), bulking agent (microcrystalline cellulose), tablet coating [glazing agent (hydroxypropyl methyl cellulose), colours (titanium dioxide, iron oxide red), anti-caking agent (fatty acids), bulking agent (microcrystalline cellulose)], anti-caking agents (cross-linked sodium carboxymethyl cellulose, fatty acids, magnesium salts of fatty acids, silicon dioxide), stabiliser (polyethylene glycol).



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