



L1435V1-02 SKU1435

**Prolong** is developed by experts in sports nutrition. This unique carbohydrate-protein drink mix has an osmolality of 270 – 330 mOsmol/kg and contains protein to support the growth and maintenance of muscle mass. Enriched with vitamin C and B vitamins (including niacin and pantothenic acid), this drink has a light, subtle flavour, which is great to take whilst exercising.

**Provides 100 % NRV of vitamin C**, which contributes to the protection of cells from oxidative stress, helps maintain the normal function of the immune system and helps reduce tiredness and fatigue.

**225**  
Calories

**7 g**  
Whey protein

**Vitamin C**  
100 % NRV\*\*

**DIRECTIONS FOR USE:** Add 4 level scoops (60 g) to 250 ml of water, shake vigorously, then add a further 250 ml of water to make a 500 ml serving. Drink one bottle (500 ml) per hour during physical activity. Enjoy this product within a balanced and varied diet, as part of a healthy active lifestyle.

Store with lid closed in a cool, dry place.

**Banned Substance Tested:** The Informed-Sport quality assurance programme certifies that a sample of the batch from which this product was created has been tested by LGC's world-class sports anti-doping lab, and found to contain no banned substances in its anti-doping screen. More details at [www.informed-sport.com](http://www.informed-sport.com)

**30-day money-back guarantee.** This guarantee does not affect your statutory rights. This exclusively formulated product is only available through Herbalife Independent Distributors.



**HERBALIFE®**  
**24®**

**PROLONG**

**CARBOHYDRATE – PROTEIN DRINK MIX  
WITH ADDED VITAMINS FOR ATHLETES**

FORMULA 1    HYDRATE    PREPARE    **PROLONG**    REBUILD    RESTORE

**NUTRITIONAL SUPPORT FOR THE 24 HOUR ATHLETE**

**CITRUS FLAVOUR**  
No artificial colours.  
No artificial flavours.  
No artificial sweeteners.

Best before and lot number: See base of container

**NET WEIGHT: 900 g e**



**Nutritional information**

Serving size: 4 scoops (60 g)  
Servings per container: 15

	Per 100 g	Per 500ml of made up product*	% NRV**	% NRV**
Energy	1595 kJ 375 kcal	957 kJ 225 kcal		
Fat	0.3 g	0.2 g		
of which: saturates	0.2 g	0.1 g		
Carbohydrate	80 g	48 g		
of which: sugars	29 g	18 g		
Fibre	0 g	0 g		
Protein	11 g	7 g		
Salt	1.8 g	1.1 g		
<b>VITAMINS</b>			<b>% NRV**</b>	<b>% NRV**</b>
Vitamin C	134 mg	80 mg	168 %	100 %
Thiamin	1.4 mg	0.83 mg	127 %	75 %
Niacin	20 mg NE	12 mg NE	125 %	75 %
Vitamin B6	1.8 mg	1.1 mg	129 %	79 %
Vitamin B12	3.1 µg	1.9 µg	124 %	76 %
Biotin	63 µg	38 µg	126 %	76 %
Pantothenic acid	7.5 mg	4.5 mg	125 %	75 %

\* Per made up product = 60 g serving with 500 ml of water  
\*\* Nutrient reference values

**INGREDIENTS:** Maltodextrin, fructose, whey protein isolate (from **milk**) (12.5 %), acidity regulators (trisodium citrate, citric acid, tricalcium citrate, tripotassium citrate, magnesium hydroxide), flavour enhancer (potassium chloride), sodium-L-ascorbate, sodium chloride, medium chain triglycerides, nicotinamide, natural lime flavouring, calcium-D-pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, D-biotin, cyanocobalamin. Allergy advice: for allergens see ingredients in **bold. MAY CONTAIN SOYA AND EGG.**

Distributed by: HERBALIFE INTERNATIONAL LUXEMBOURG S.à R.L.  
c/o HERBALIFE EUROPE LIMITED  
The Atrium, 1 Harefield Road, Uxbridge, Middlesex UB8 1HB, U.K.

©2015 HERBALIFE



L1435V1-02 SKU1435