



Stop breakdown. Start rebuilding.

Rebuild Strength We've created a sustained muscle building shake that delivers a tri-core protein-amino blend of free amino acids, whey and casein proteins to help rebuild fatigued muscle over a multi-hour period.* Rebuild Strength's carbohydrate blend helps enhance muscle-recovery by supporting the delivery of amino acids for muscle synthesis.*

- **Sustained Amino Acid Delivery***
- **Rebuild Lean Muscle***
- **Support Immune Function***

24g
Protein

Tri-Core
Protein Amino Blend

3000mg††
L-Glutamine

4000mg
BCAA

DIRECTIONS: Gently shake the canister prior to each use as contents may settle. Mix 2 scoops (50g) with 8 fl oz of water or liquid of your choice and shake. Consume one shake per day within 30 minutes following physical activity.

NSF Certified for Sport® (Verify this batch has been tested at www.nsf.org):

- TESTED - Clean of athletic banned substances
- VERIFIED - Meets label claims and contaminant test criteria
- AUDITED - Manufacturing facility is GMP compliant

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

†† L-Glutamine content includes free amino acid and that naturally occurring in protein.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HERBALIFE 24 NUTRITION FOR THE 24-HOUR ATHLETE

REBUILD STRENGTH

IMMEDIATE AND SUSTAINED MUSCLE RECOVERY*



VANILLA ICE CREAM
natural flavor with other natural flavors
no artificial sweeteners



DIETARY SUPPLEMENT
NET WT: 35.3 OZ (1000g)



Supplement Facts

Serving Size: 2 scoops (50 g)
Servings Per Container: 20

	Amount Per Serving	% DV**
Calories	190	
Total Fat	1.5 g	2%
Saturated Fat	1 g	4%
Cholesterol	35 mg	11%
Total Carbohydrate	18 g	6%
Total Sugars	14 g	
Includes 13 g Added Sugars		26%
Protein	24 g	48%
Vitamin C (as Ascorbic Acid)	90 mg	100%
Vitamin E (as DL-Alpha Tocopheryl Acetate)	3.6 mg	24%
Vitamin B1 (as Thiamine Mononitrate)	1.1 mg	92%
Vitamin B6 (as Pyridoxine Hydrochloride)	1 mg	59%
Vitamin B12 (as Cyanocobalamin)	3 mcg	125%
Pantothenic Acid (as Calcium D-Pantothenate)	5 mg	100%
Calcium	400 mg	31%
Iron (as Ferrous Fumarate)	3.4 mg	19%
Magnesium (as Magnesium Oxide and Magnesium Citrate)	120 mg	29%
Chromium (as Chromium Chloride)	17 mcg	49%
Sodium (as Sea Salt)	190 mg	8%
Potassium (as Potassium Citrate)	350 mg	7%
Stevia Extract (Leaf)	50 mg	†
Tri-Core Protein Amino Blend	14 g	†
Milk Protein Concentrate, L-Glutamine, Whey Protein Isolate, Whey Protein Concentrate, Instantized Branched Chain Amino Acids [(BCAA) L-Leucine, Valine and Isoleucine] and Calcium Caseinate		

** Percent Daily Values (% DV) are based on a 2,000 calorie diet.

† Daily Value not established.

**2D
AREA**

OTHER INGREDIENTS: Whey Protein Concentrate, Milk Protein Concentrate, Dextrose, Sugar, Maltodextrin, High Oleic Sunflower Oil, Medium Chain Triglycerides, Natural Cheesecake Flavor, Natural Vanilla Bean Flavor, Silicon Dioxide, Natural Flavor, and Guar Gum. **CONTAINS MILK AND SOY.**

Formulated and distributed exclusively by:
HERBALIFE INTERNATIONAL OF AMERICA, INC.
800 W. Olympic Blvd., Suite 406, Los Angeles, CA 90015, USA
Made in USA with US and imported ingredients

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