

PROLONG



Energy, Sports & Fitness

Prolong is a carbohydrate-protein drink that is great for taking during intense or extensive exercise. This unique drink mix has an osmolality of 270 - 330 mOsmol/kg and contains carbohydrate in addition to whey protein to support the growth and maintenance of lean muscle mass.

KEY BENEFITS

- Provides 224 kcal per serving, great for endurance sports
- This unique carbohydrate-protein mix drink has an osmolality of 270 – 330 mOsmol/kg
- 6.8g whey protein to support the growth of lean muscle mass
- Contains carbohydrate in the form of maltodextrin
- Enriched with Vitamin C and B vitamins (including B1, B3, B6, B12 and pantothenic acid), this drink has a light, subtle flavour, which is great to take whilst exercising
- No artificial colours, flavours or sweeteners

WHO CAN BENEFIT FROM PROLONG?

- Triathlete completing a combined bike-to-run workout or on race day
- Cyclist on a 4-hour training ride
- Swimmer completing a morning workout

- Football player during training or competition
- Working professional with physically-demanding job requirements

USAGE

Add 4 level scoops (60g) to 250ml of water, shake vigorously, then add a further 250ml to make a 500ml serving. Drink one bottle (500ml) per hour during physical activity.

This product should be used as part of a balanced and varied diet in line with a healthy lifestyle.

We guarantee that every product from every batch produced is screened for prohibited substances by an independent third party. For your assurance, products may be tracked using the batch number on the product and checked at www.koelnerliste.com

Your Herbalife Independent Distributor is: