



HERBALIFE NUTRITION MARINA RUN 2019

23 FEBRUARY • SATURDAY
GARDENS BY THE BAY EAST



REGISTER WITH TEAM HERBALIFE & ENJOY:
LOWEST
 registration fees
NUTRITION PLAN
 to fuel you for the run
FREE
 Wellness Evaluation & Body
 Analysis from your coach

H E R B A L I F E N U T R I T I O N
 IS PROUD TO BE THE TITLE SPONSOR FOR MARINA RUN 2019

| CATEGORY | EARLY BIRD (BY 15 DEC) | NORMAL (BY 31 JAN) | TEAM HERBALIFE* (BY 15 JAN) | SKU |
|---------------|---------------------------|-----------------------|--------------------------------|------|
| 5KM (Fun Run) | \$35 | \$45 | \$35.31 | 235J |
| 10KM | \$45 | \$55 | \$40.66 | 236J |
| 21KM | \$55 | \$65 | \$51.36 | 237J |
| 30KM | \$65 | \$75 | \$62.06 | 238J |

3 EASY STEPS TO GET TEAM HERBALIFE SPECIAL RATE!

1 PURCHASE YOUR TICKET:

- Online at sg.myherbalife.com
- Visit us at TripleOne Somerset, Level 7
- Call Member Services at 6416 8448

2 REGISTER ONLINE:



<https://www.surveymonkey.com/r/HNMarinaRun2019>

- Fill in your Herbalife ID & Order Number
- Complete all the required details

3 CONFIRMATION:

- The race organizer will send the confirmation slip to your email, once we have verified your purchase and registration details.

CAN YOUR CUSTOMERS OR MEMBERS GET THE TEAM HERBALIFE SPECIAL RATE?

Sure! Just purchase the ticket for them and get them to register online with your Herbalife ID & the corresponding Order Number.

**FOR RACE DETAILS AND T-SHIRT SIZES, VISIT WWW.MARINARUN.COM.SG
 SIGN UP BY 15 JANUARY 2019 TO ENJOY TEAM HERBALIFE RATES!**

*Registration fees are inclusive of 7% GST. The registration fees for all race categories are non-refundable and non-transferable.





DID YOU KNOW?



You don't just sweat when you workout or when the weather is hot. Sweating also occurs when you are anxious, nervous or under stress¹.

Plain water is not the best way to rehydrate, especially after you sweat. Human sweat, besides water, also contains electrolytes like sodium and potassium. A drink with proper amounts of electrolytes can help rehydrate more effectively².

ENHANCE YOUR HYDRATION WITH HERBALIFE24 CR7 DRIVE



VITAL ELECTROLYTES

117.6mg sodium
65.1mg potassium



CONTAINS B VITAMINS

B vitamins support energy production



CONTAINS GLUCOSE

For immediate and sustained energy



NATURALLY COLOURED

With purple carrot and grape juices



SCAN ME

Find out what drives
Cristiano Ronaldo

EVERY ACHIEVEMENT IS FUELED WITH PASSION, DETERMINATION AND BALANCED NUTRITION



Nourish your body needs
at the right timing.
Get ready, get set with
Herbalife Nutrition.

GET A HERBALIFE NUTRITION BRANDED RACE SINGLET

when you purchase any Healthy Breakfast pack with
Herbalife24 CR7 Drive in a single order.



Wear your special singlet
on race day and get a
free recovery shake!
Stay tuned for
collection details*.

TERMS & CONDITIONS:

- Applicable for purchase in the period of 1 December 2018 to 31 January 2019
- Purchase of any Healthy Breakfast Pack and Herbalife24 CR7 Drive must be in the same order/invoice, i.e. 1 Healthy Breakfast Pack + 1 Herbalife24 CR7 Drive = 1 Race Singlet
- For December 2018 and January 2019 purchases, qualifiers will be announced at the following month
- Race singlet sizes are subject to availability
- Herbalife Singapore reserves the right to audit the final list of qualifiers.

¹ Harker M. Psychological sweating: a systematic review focused on aetiology and cutaneous response. *Skin Pharmacol Physiol.* 2013;26(2):92-100

² You Asked: What's The Best Way to Rehydrate – Besides Drinking Water? *Time Magazine.* July 26, 2017. <http://time.com/4873725/dehydration-drink-water/>

*These products are not intended to diagnose, treat, cure or prevent any disease.