

# OAT APPLE FIBRE BASED POWDERED MIX FOR A FLAVOURED DRINK

WITH NO ARTIFICIAL SWEETENERS



SKU #2554



\*Per made up product = 6.8g serving with 150ml of water.

\*\*Contains 0.1g of naturally occurring sugar.

## Nutritional information, average serving:

Serving Size: 6.8 g Servings per Container: 30		
	Per 100 g	Per 150 ml of made up product*
Energy	1101 kJ (268 kcal)	75 kJ (18 kcal)
Fat	0.7 g	0 g
of which: saturates	0 g	0 g
Carbohydrate	26 g	2 g
of which: sugars	1.6 g	0.1 g
Fibre	74 g	5 g
Protein	2.6 g	0.2 g
Salt	0.20 g	0.01 g

### Ingredients:

**Oat** fibre (28 %), apple fibre (24 %), maize dextrin (24 %), **soya** fibre (9 %), citrus fibre (5 %), inulin (from chicory – 5 %), flavouring, thickener (acacia gum / xanthan gum), maltodextrin, anti-caking agent (silicon dioxide). Allergy advice: for allergens, including cereals containing gluten, see ingredients in **bold**.

## Targeted Nutrition

Oat Apple Fibre Drink is a delicious and easy way to help increase your daily fibre intake.

A unique blend of soluble and insoluble fibres. Oat Apple Fibre Drink contains six fibre sources – apple, oat, maize, citrus, chicory and soya.

Each serving contains 5g of fibre and 18 calories.\*

### KEY BENEFITS

- No artificial sweeteners
- Sugar Free\*\*
- Increase your daily fibre intake with Oat Apple Fibre Drink
- 5g of fibre per serving
- 6 fibre sources
- Contains both soluble and insoluble fibre
- 18kcal per serving\*

### USAGE

- Mix 1 measuring spoon (6.8 g) with 150ml of water or add a scoop to your favourite shake mix and enjoy.

To find out more, contact me today:

\*When made up with 150ml of water

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